**Welcome To High School Health!**

**Mrs. Phillips, Instructor**

**Health** is a required sophomore level class intended for all students. The **health curriculum** will be filled with a great variety of activities. Students will be expected to think, reason, and solve problems. Classroom discussion will be a critical part of this curriculum. Students will be expected to participate in all discussions. Guest speakers will be a critical component of the class.

Computers and Internet research will be included throughout the curriculum. The use of Power Point and Excel may be required. Special projects will be assigned along with daily homework.

Daily quizzes, written tests, and performance assessments will be used for evaluation. Group work along wigh individual work will be routine. Participation point’s for class work will be given each class period**. Points will not be given if the student is absent**. Therefore, a**ttendance is a must!!** Perfect attendance will add 2% to your semester average. Missing one day will add 1% to your semester average. You must attend at least 51% of the daily class to be counted present. Please try to make appointments around class time. If you are absent for a school-sponsored fieldtrip, class work as well as homework must be made up before you miss class.

**MATERIALS NEEDED:** 1. Notebook, paper and pencil

1. Colored pencils

**CLASSROOM RULES AND EXCPECTATIONS:**

1. **Be on time**! I will record every tardy. Be seated before the bell rings.
2. **Be prepared**! Bring textbook, notebook/journal, assignments, paper and pencils.
3. **Turn in all assignments in on time.** **Late papers will not be accepted**. Extra credit will only be allowed if all assignments have been turned in on time.
4. **Follow directions.** .
5. **Soda, gum and candy are prohibited in the classroom.**
6. **Improper physical or verbal conduct will not be tolerated. No foul language.**

**GRADING:** Assignments will have a point value. Points will be recorded. Quarter grades will be determined by dividing the total number of points earned by the total number of points possible. The resulting percentage is turned into its letter grade equivalent. All grades will be recorded on a computer grade book program. This will allow any student or parent to request a grade report at any time. Grades will be posted every Friday.

**GRADING SCALE: A+ = 100, A = 99-94, A- = 93-92, B+ = 91-90, B = 89-85, B- = 84-83, C+ = 82-81, C = 80-76, C- = 75-74, D+ = 73-72, D = 71-68, D- = 67-65, F = 64 and lower.**

**BEHAVIOR:** I expect all students to behave in a socially acceptable manner. Be polite! Be kind! Be considerate of others and their feelings. Do not interrupt. Treat others, as you would like to be treated! Show respect for yourself as well as others. **All students will be warned when their behavior becomes disruptive. Failure to heed the warning will result in removal from class.**  Students will be sent to the office. The high school discipline policy will be enforced.

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